

BREAKFAST

Chartwells School Dining Services at Reese Elementary Breakfast Menu January 1-31, 2018

Student Breakfast \$0.00 Reduced price \$0.00 Adult Breakfast \$2.50

Breakfast includes a choice of entrée supplying protein and grain, one (1) fruit side dish, and a choice of milk.

Milk choices include 1% white and skim white.

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 NO SCHOOL	3 WG Chocolate Banana Benefit Bar Assorted Fresh Fruit	4 Chocolate Chip Oatmeal Bar Cheddar Goldfish Crackers 100% Fruit Juice	5 Assorted Muffins Graham Crackers Assorted Fresh Fruit
8 Golden Grahams Cereal Bar Cinnamon Goldfish Grahams 100% Fruit Juice	9 Chocolate Muffin Graham Crackers Assorted Fresh Fruit	10 Cinni Minnis 100% Fruit Juice	11 Trix Yogurt Graham Cracker Assorted Fresh Fruit	12 Cinnamon Bun Crunchmania Grahams 100% Fruit Juice
15 WG Bagel w/Cream Cheese Assorted Fresh Fruit	16 WG Cherry Frudel 100% Fruit Juice	17 2 HR LATE START NO BREAKFAST IS SERVED	18 WG Apple Cinnamon Muffin Cheddar Cheese Stick Assorted Fresh Fruit	19 WG Mini Cinnis 100% Fruit Juice
22 WG Blueberry Muffin String Cheese Assorted Fresh Fruit	23 Chocolate Chip Granola Bar Giant Goldfish 100% Fruit Juice	24 Cinnamon Toast Crunch Cereal Bar Scooby Doo Grahams Assorted Fresh Fruit	25 WG Apple Cinnamon Benefit Bar 100% Fruit Juice	26 WG Frosted Strawberry Pop Tart String Cheese Assorted Fresh Fruit
29 WG Banana Chocolate Breakfast Bar 100% Fruit Juice	30 Trix Yogurt Animal Crackers Assorted Fresh Fruit	31 Frosted Cinnamon Pop Tart Honey Oat Goldfish 100% Fruit Juice	1-Feb Chocolate Muffin String Cheese Assorted Fresh Fruit	2-Feb Chocolate Chip Granola Bar Graham Crackers 100% Fruit Juice
<i>Alternate Entrees (offered with daily vegetable and fruit offerings and choice of milk)</i>				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays

Questions or Comments?

Please call Robin Waldie, Food Service Director at 989-868-9864 Ext: 2225


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Chartwells School Dining Services at Reese Elementary Lunch Menu January 1-31, 2018

Student Lunch \$2.25 Reduced price \$0.40 Adult \$3.55

A full lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.

Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
 1	School Closed 2	Cheeseburger on WG Bun Oven Baked Fries Confetti Coleslaw Sliced Cucumbers Tropical Fruit Fresh Pear 3	French Toast Sticks Turkey Sausage Patty Cinnamon Glazed Carrots Broccoli Ranch Salad Chilled Peaches Fresh Apple 4	Hummus w/Flatbread Chips & Fresh Veggies Seasoned Broccoli Shredded Kale Applesauce Fresh Grapes 5
Toasted Cheese on WW Tomato Soup Seasoned Green Beans Crisp Apple Tropical Fruit 8	Beef Nachos Refried Beans Romaine Lettuce Diced Pears Chilled Peaches 9	1/2 Day No Lunch 10	1/2 Day No Lunch 11	1/2 Day No Lunch 12
Macaroni & Cheese WG Dinner Roll Seasoned Broccoli Fresh Apple Tropical Fruit 15	Beef Hard Tacos Refried Beans Spinach Romaine Salad Fresh Pear Pineapple Tidbits 16	Chili w/Beans Fresh Baked Biscuit Oven Baked Fries Petite Banana Rosy Applesauce 17	Breaded Chicken Drumstick WG Dinner Roll Au Gratin Potatoes Fresh Grapes Chilled Peaches 18	BBQ Pork on WG Bun Seasoned Corn Spinach Romaine Salad Fresh Apple Tropical Fruit 19
Hummus w/Flatbread Chips & Fresh Veggies Tater Tots Fresh Apple Tropical Fruit 22	Beef Nachos Refried Beans Romaine Lettuce Rosy Applesauce Pineapple Tidbits 23	Diced Chicken & Kale Caesar Salad Potato Smiles Confetti Coleslaw Petite Banana 24	BBQ Ribbie on WG Bun Oven Baked Fries Pea Salad Grape Tomatoes Fresh Grapes 25	Italian Baked Pasta WG Dinner Rolls Seasoned Broccoli Fresh Pear Pineapple Tidbits 26
Cheese Omelet w/Bagel Tater Tots Pea Salad Fresh Apple Fruit Cocktail 29	Chicken Alfredo w/ Penne Pasta & Breadstick Seasoned Broccoli Spinach Romaine Salad Diced Pears 30	Cheeseburger on WG Bun Potato Smiles Confetti Coleslaw Sliced Cucumbers Petite Banana 31	This Month's Focus: Dark Leafy Greens	Lucky Tray Day is EVERY WEDNESDAY
<i>Alternate Entrees (offered with daily vegetable and fruit offerings and choice of milk)</i>				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Chicken Patty on WG Bun	Sunbutter & Jelly on WW	Breaded Chicken Nuggets w/WG Dinner Roll	Hot Dog on WG Bun	Bosco Sticks w/ Tomato Dipping Sauce

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Reese Middle/High School

Week of January 22-26, 2018

A full student lunch includes a choice of entrée, 2 servings of vegetables, 2 servings of fruit, and milk.

Milk choices include 1% white and fat-free chocolate.

Student Prices: Reduced \$0.40 Paid \$2.75 Adult Price \$3.55

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Meatballs in Marinara Sauce Penne Pasta Garlic Breadstick Roma Herb Blend	Breaded Chicken Tenders Flour Tortilla Sweet Thai Chili Sauce Fresh Cilantro	Beef Hot Dog on WG Bun Chili Sauce Shredded Cheddar Oven Baked Fries	Colby Cheese Omelet Bagel Hash Brown Cream Cheese	Breaded Popcorn Chicken Mashed Potatoes Chicken Gravy WG Dinner Roll
Sides For All Meals	Seasoned Broccoli	Seasoned Green Beans	Boston Baked Beans	Cinnamon Glazed Carrots	Seasoned Corn
	Bosco Sticks			Bosco Sticks	
	Tomato Dipping Sauce			Tomato Dipping Sauce	
	Cheese & Pepperoni Pizza Offered Daily				
grilled	Cheeseburger Crispy Chicken Sandwich	Italian Meatball Sub Crispy Chicken Sandwich Oven Baked Fries	Cheeseburger Crispy Chicken Sandwich	Toasted Triple Cheese Sandwich Crispy Chicken Sandwich Tomato Sandwich	Breaded Popcorn Chicken Mashed Potatoes Chicken Gravy WG Dinner Roll
	Ham & Cheese Sub Turkey & Cheese Wrap Cobb Salad w/Croutons & Roll	Italian Sub Turkey & Cheese Wrap Popcorn Chicken Salad w/Roll	Turkey & Cheese Sub Ham & Cheese Wrap Roast Turkey Club Salad w/Croutons & Roll	Ham & Cheese Wrap Turkey & Cheese Wrap Chef Salad w/Croutons & a Roll	Ham & Cheese Wrap Turkey & Cheese Wrap Mixed Greens Salad w/Cheese, Croutons & Roll
	Caesar Side Salad Sliced Cucumbers Fresh Baby Carrots Fresh Local Apples Tropical Fruit	Shredded Lettuce Fresh Tomato Slices Corn & Black Bean Salsa Fresh Pears Diced Peaches	Confetti Coleslaw Homemade Potato Salad Crisp Celery Sticks Petite Banana Cinnamon Applesauce	Spinach Romaine Salad Broccoli Ranch Salad Sliced Cucumbers Fresh Orange Wedges Pineapple Tidbits	Caesar Side Salad Tomato Cucumber Salad Fresh Baby Carrots Fresh Local Apples Diced Pears

This institution is an equal opportunity provider.

Chartwells School Dining Services at Reese BIC Menu January 1-31, 2018

Student Breakfast \$0.00 Reduced price \$0.00 Adult Breakfast \$2.50

Breakfast includes a choice of entrée supplying protein and grain, one (1) fruit side dish, and a choice of milk.

Milk choices include 1% white and white skim.

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL	2 NO SCHOOL	3 Chocolate Oatmeal Breakfast Bar Honey Oat Goldfish Crackers Fresh Fruit	4 WG Chocolate Banana Benefit Bar 100% Fruit Juice	5 Cinnamon Pop Tarts Cheddar Gold Fish Crackers Fresh Fruit
8 Chocolate Muffin Mozzarella Cheese Stick 100% Fruit Juice	9 WG Blueberry Muffin Giant Goldfish Crackers Fresh Fruit	10 WG Apple Cinnamon Muffin Cheddar Cheese Stick 100% Fruit Juice	11 WG Cherry Frudel Fresh Fruit	12 WG Apple Cinnamon Benefit Bar 100% Fruit Juice
15 Golden Grahams Cereal Bar String Cheese Fresh Fruit	16 WG Frosted Strawberry Pop Tart Scooby Doo Grahams 100% Fruit Juice	17 2 HR LATE START NO BREAKFAST WILL BE SERVED	18 Trix Yogurt Graham Crackers 100% Fruit Juice	19 WG Apple Frudel Fresh Fruit
22 Butterscotch Oatmeal Bar Honey Oat Goldfish 100% Fruit Juice	23 Cinnamon Pop Tarts Graham Crackers Fresh Fruit	24 WG Chocolate Muffin String Cheese 100% Fruit Juice	25 Chocolate Oatmeal Bar Cheddar Goldfish Crackers Fresh Fruit	26 WG Banana Chocolate Breakfast Bar 100% Fruit Juice
29 Cinnamon Toast Crunch Cereal Bar Giant Goldfish Crackers Fresh Fruit	30 WG Chocolate Muffin String Cheese 100% Fruit Juice	31 WG Blueberry Muffin Honey Oat Goldfish Fresh Fruit	1-Feb Trix Yogurt Graham Crackers 100% Fruit Juice	2-Feb WG Cinni Minnis Cheddar Goldfish Crackers Fresh Fruit
<i>Alternate Entrees (offered with daily vegetable and fruit offerings and choice of milk)</i>				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

Questions or Comments?

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School Foodservice Information

Serving Time: (fill-in time) **Price:** \$(fill-in price) paid, \$ (fill-in price) reduced*, free* (*if qualified)

No advance registration necessary! All students are welcome every day!

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com